

Leading for change website copy – 11/11/20

Leading for Change: A free four-day leadership virtual classroom programme for patient and public voices in the NHS

Are you a patient looking to influence relationships and decision making? If so, become an advocate for patient voices with *Leading for Change* - a free four-day leadership training programme open to all patient and public representatives, including NHS patient involvement leads. It is sponsored by the NHS Leadership Academy and Eastern AHSN (Academic Health Science Network) and delivered by the King's Fund and the East of England Citizens' Senate.

The programme will empower participants by developing the skills, knowledge and behaviours to support collaborative and meaningful relationships with internal and external decision makers. We encourage applications from people with a range of lived experience in health and social care and require all participants to attend all four dates.

These sessions will be interactive to build relationships and model the behavioural techniques learnt on the course. If you are interested in this workshop and would like to develop your skills to make a difference across the healthcare system, apply [here](https://surveys.eahsn.org/zs/o3hvKu):
<https://surveys.eahsn.org/zs/o3hvKu>.

The Leading for Change Programme

Day 1 - Understanding your local healthcare system & your role in influencing and leading change

15/02/2021, 09.30 - 14.30

In the first session, delegates across the healthcare system will explore the role on the East of England Citizens' Senate. Delegates will be able to reflect on the qualities, skills and behaviours of a patient representative by creating an ideal role profile. Each person will have an opportunity to focus on some part of their leadership role that they wish to build on and develop. There is also an opportunity to practice behaviours associated with advocacy and inquiry.

Day 2 - Continuing to develop your capacity and capability to lead change

17/02/2021, 09.30 - 14.30

In this second session, delegates will develop the capacity to be present as a leader of change and build relationships to influence change. We will work through the barriers to progress by understanding how to frame a problem.

Day 3 - Reframing resistance and planning for a future role at Citizens' Senate

03/03/2021, 09.30 - 14.30

Delegates will work on areas of interest that have emerged during the previous two days in the third session. From experience by reframing resistance to developing your network, participants will model the skills learnt on the programme to date. They will leave with a clear action plan to identify next steps with measurable outcomes.

Day 4 - *Influencing partners and intervention*

31/03/2021, 09.30 - 14.30

During the final day, delegates will be drawing from previous sessions and applying the techniques to a practical intervention or challenge. Early in the training, we will ask for volunteers to identify an intervention with an organisation or individual to help you influence change. Participants will plan who they are going to engage, how they are going to do so and then carry out the intervention to the rest of the class.

If you have any questions about this programme contact Trevor Fernandes, Chair of the Citizen's Senate, at citizens.senate@eahsn.org or by telephone on 07847 344753.