

Leadership for the future

Helen Bevan

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Source of image: @voinonen



My journey in leading change & improvement: pick three cards

1. "Where are you from?"

One card that captures how you thought and acted when you first saw yourself as a leader of change or a change agent

2. "Where are you now (here)?"

One card for how you think and act now

3. "Where are you going (to there)?"

One card about possibilities for your future

My journey: pick a card from the other deck (catalyst cards)

Reflect:

What is happening in your role right now that might influence your future direction?



Choose one card from the second deck that captures something about this reflection



My leadership journey: pick three cards

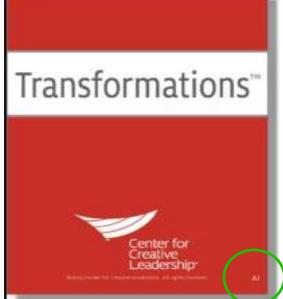
- 1. "Where are you from?"
 One card that captures how y acted when you first thought o leader
- 2. "Where are you now (here):
 One card for how you think and
- On your table, each person should tell their leadership story, using their three cards and their catalyst card
- 3. "Where are you going (to the One card about possibilities for your future

My journey in leading change & improvement: a final task

On the back of each of the cards from the first deck is a tiny letter or letters (on the bottom right hand side)

Make a note of the letter(s) for your from, here and there

We will return to them later



Transformations is

a tool for understanding key patterns in your life, individually and together in groups, organisations and communities.





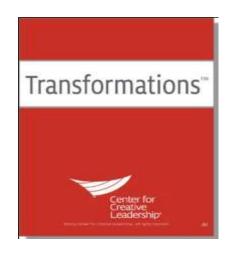
Transformations is

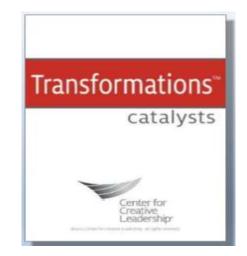
Two sets of cards and a User's Guide:

- 1. Life Logics (84 cards)
- 2. Catalysts (50 cards)

An interactive tool for exploring **life journeys**:

From \rightarrow Here \rightarrow to There

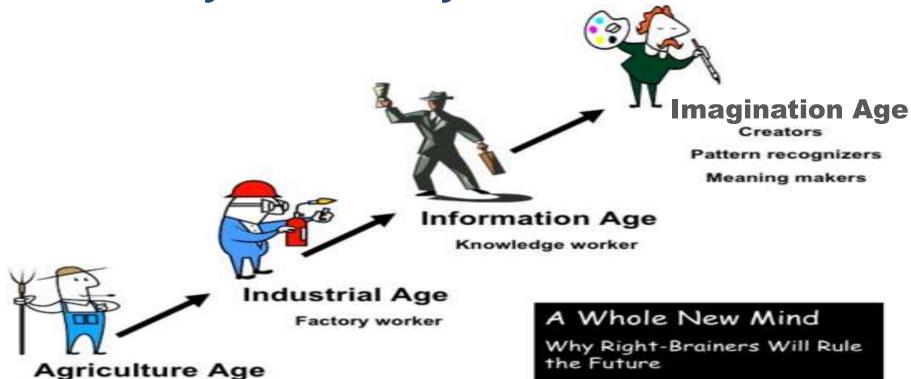






The Imagination Age: coming to a health and care system near you soon

Farmer



Daniel Pink

The imagination age - an era beyond the information age

- Creativity and imagination will become the primary creators of economic value
- Film-based platforms will change the way humans interact with each other and create economic and social structures
- Virtual reality and cyberspace will raise the value of imagination-based work of designers, artists, video makers and actors over rational thinking

Source: Goran Henriks

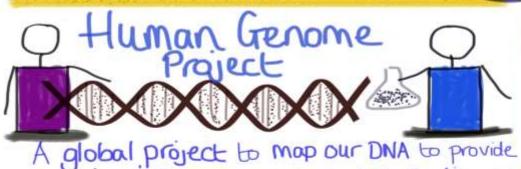


Two of our sketchnotes have been shared over a million times





An Exponentially Changing World

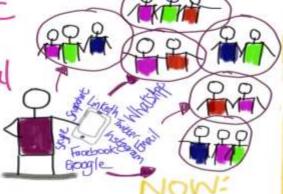


Massive increases in the older population World population over the age of 65

insights to treat, prevent, and cure disease. Dramatic

increase in potential for sharing Wormation

World!



elegrams - Telephones - Television



led/One in four Europeans vote populist

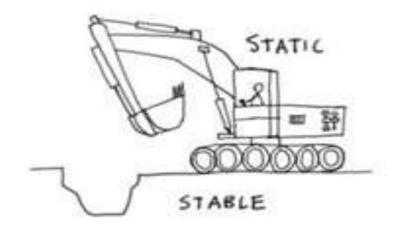


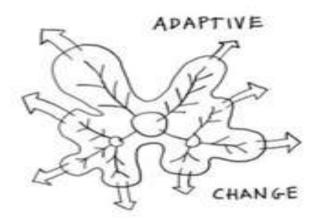
Moore's

An Exponentially Changing World Human Genome Project Massive increases e older population population In 5 years, our technology will be e age of 65 A global project 32 x better than it is now In 10 years it will be 1,000 x better In 20 years it will be one million x Dramatic increase more advanced End of in potential Moore's for sharing Ryan Arshad World! elegrams - Telephones - Television

Many of the ways we go about improving health and care were designed in a different mindset

for a different set of circumstances

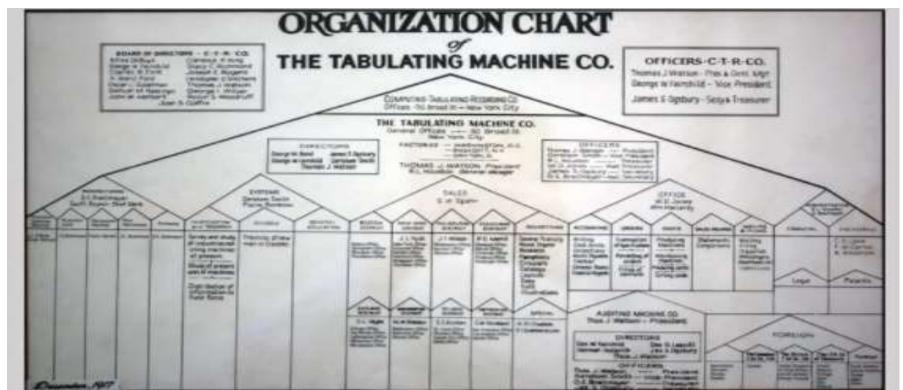




We are often operating with 20th century change practice in a 21st century world

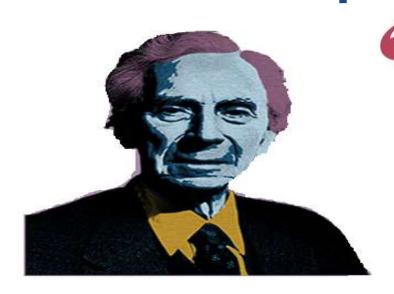
Source of images: http://www.slideshare.net/dachisgroup/dave-gray-the-connected-company

We still organise health and care like the Tabulating Machine Co. of 1917



Source of image: @corp_rebels

The biggest shifts we are seeing are shifts in power



Power is the ability to produce intended effects

Bertrand Russell

old power

new power

Currency

Held by a few

Pushed down

Commanded

Closed

Transaction

Current

Made by many

Pulled in

Shared

Open

Relationship

The Network Secrets of Great Change Agents

Julie Battilana & Tiziana Casciaro

As a change agent, my centrality in the informal network is more important than my position in the formal hierarchy







People who are highly connected have twice as much power to influence change as people with hierarchical power

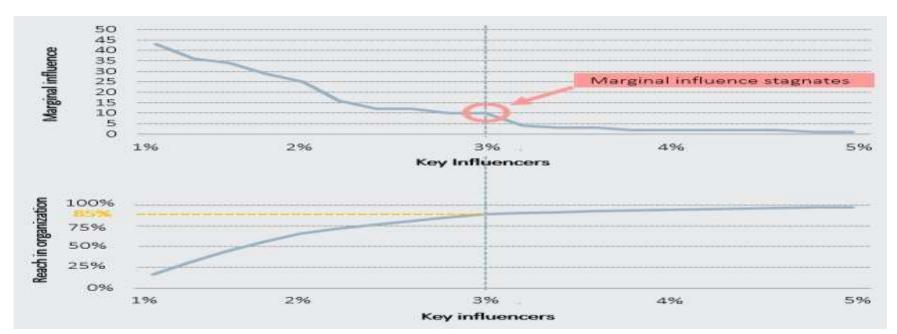
Leandro Herrero

http://t.co/Du6zCbrDBC



Find the superconnectors!

Just 3% of people in the organisation or system typically influence 85% of the other people



Source: Organisational Network Analysis by Innovisor



Find the 3%: meet Mandy Carney, Head of Patient Flow at Yeovil Hospital

"Knows everyone in the hospital" "Everyone follows Mandy on Facebook"

The go-to person for advice
Mandy makes sense of things
and reduces ambiguity for people
Mandy presents her own monthly
award "the Carney cup"







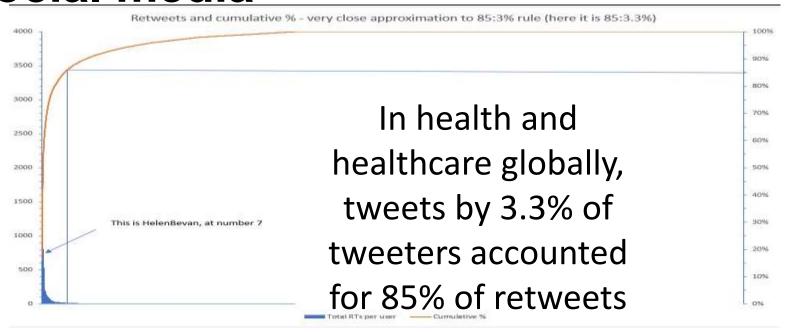


Geraldine Herd

As senior leaders, we are less influential than we think

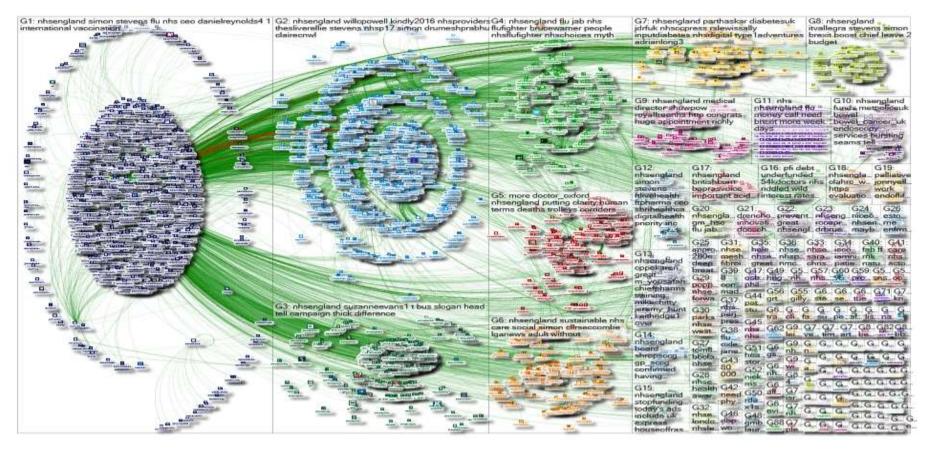
If we want to get the same level of influence through top down change as the 3% get, we need four times more people Source: Jeppe Hansgaard Designed f

The 3% rule also appears true for social media





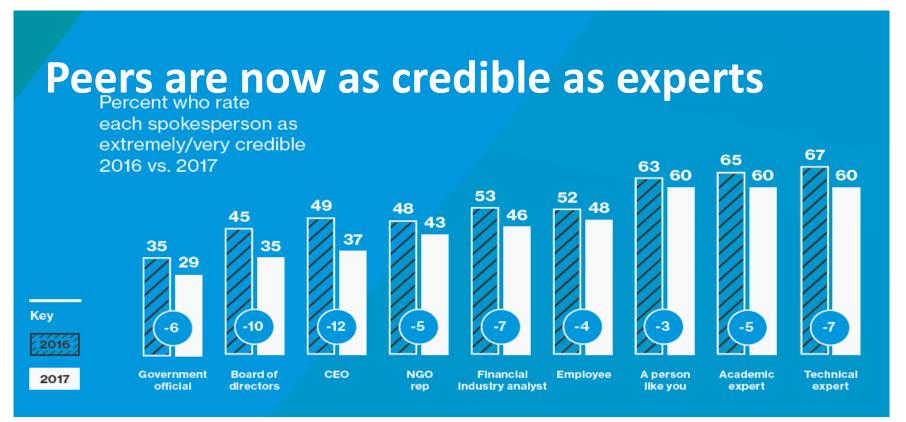
The powerful medical "superconnectors"





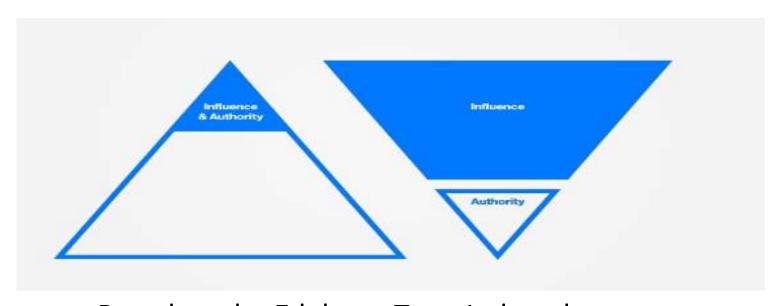
Source: NodeXL analysis @gmacscotland

Across the world, trust is imploding



Source: http://www.edelman.com/news/2017-edelman-trust-barometer-reveals-global-implosion/

The inversion of influence



Based on the Edelman Trust Index: the average of a country's trust in the institutions of government, business, media and nongovernmental organisations

A world of distrust: Edelman Trust Barometer

Trust Index A World of Distrust

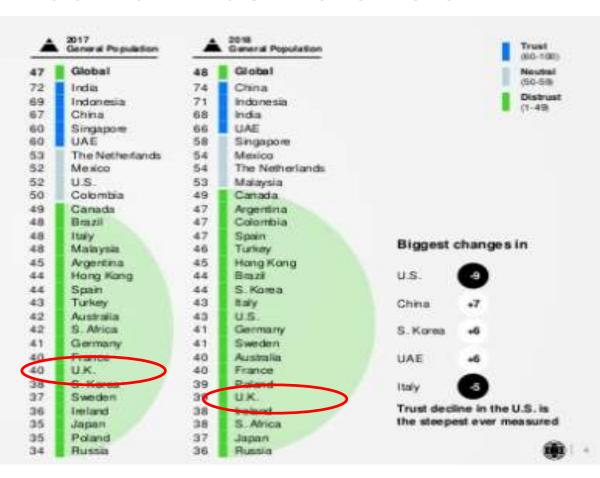
Average trust in institutions, general population, 2017 vs. 2018

Global Trust Index remains at distruster level

20 of 28 Markets are distrusters, up 1 from 2017

Salaton 2019 Catellines Touri Successor

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Patients, families, citizens & social media

People living with long term conditions and with cancer are some of the most engaged and active audiences on social media

Research shows:

- Patients and consumers gain agency by using social media for health-related purposes
- It improves their relationship with their healthcare professionals
- Overt or tacit opposition from some healthcare professionals

Patients trust social media, so we must be their

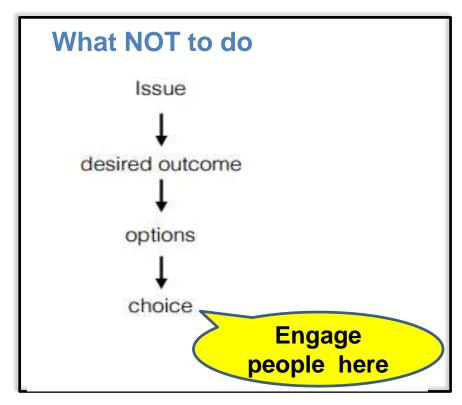
trusted source

Sources: <u>Benetol et al (2018)</u> How patients' use of social media impacts their interactions with healthcare professionals; <u>@RealDoctorMike (2017)</u> Patients trust social media, so be their trusted source

Empower your staff to be the voice of the organisation. They've got audience & credibility

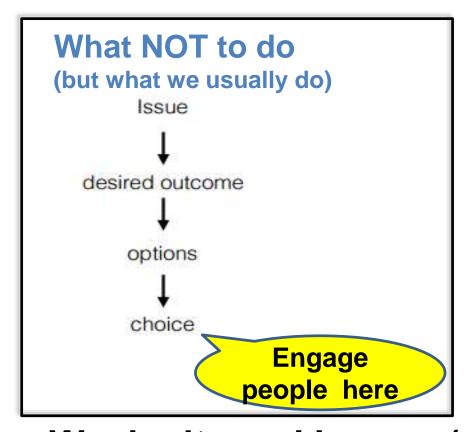


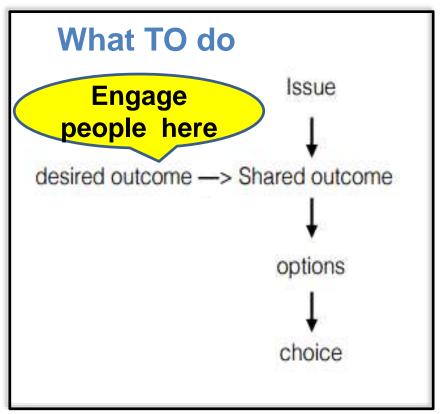
Mark Jaben on the science behind resistance



But what we do do

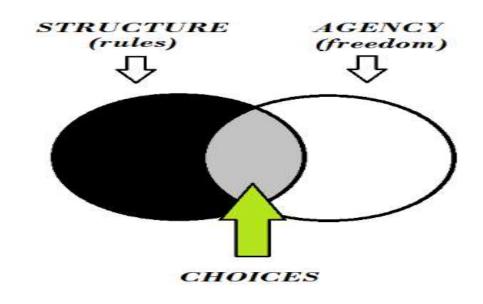
Mark Jaben on the science behind resistance





We don't need buyers (who "buy-in" to change)
We need investors

A big debate in social science



Structure versus Agency



The design dilemma at the heart of change

Structures and systems Performance goals Compliance Regulation Competition Programme Management

Incentive systems

Activation Ability to make choices Capability Leaders everywhere Structure Agency Social action Solidarity Social movements We need both

The predominant approach in recent years has been **STRUCTURE** but globally there is a big shift towards **AGENCY**



The power, individually and collectively, to make a positive difference

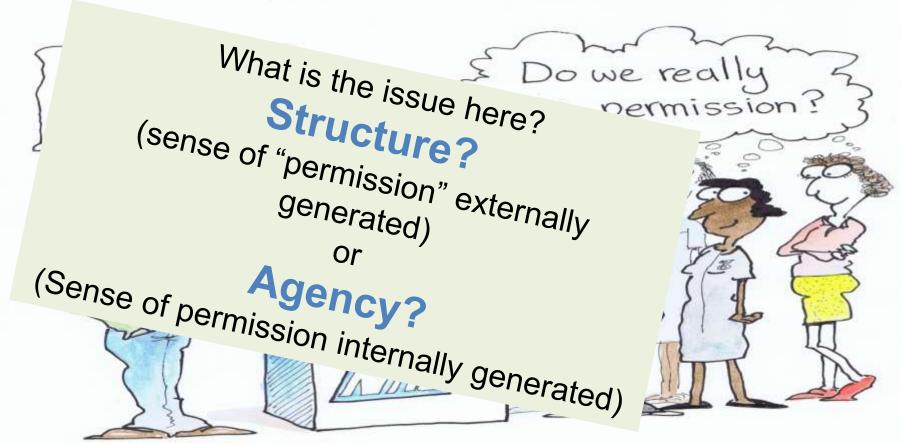




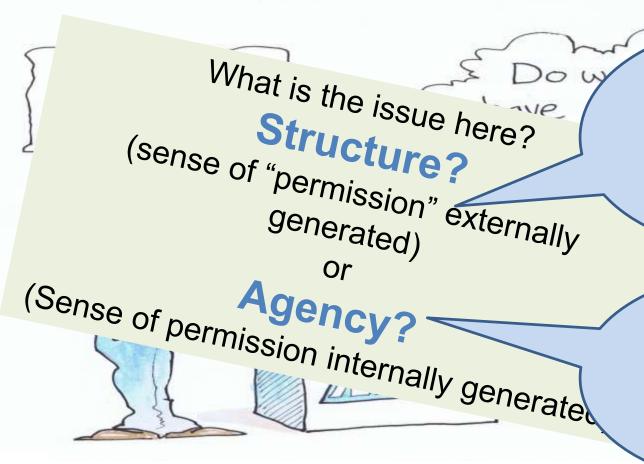
Source: @NHSChangeDay



Source: @NHSChangeDay



Source: @NHSChangeDay



Problematic: changing a "permission culture" can take years

The good news: we can usually build agency much more quickly





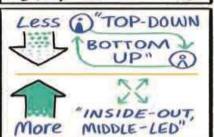
















Source: Brian Donohue https://t.co/znqTPXtCAN

Pilots Tests RAPID! Speed to SIOW! WEEKS! Duration W/////// 6-24 TEENY! Cost WITHIN BIG! BARELY ANY! Preguired 1777777 LOADS! PALETABLE! Data Cequired PITITITION WATERING! LIGHT TOUCH! MANAGENAT VIIII SPOON FEEDING! A-one! DANGER

Source: Bromford P (2015) What's the difference between a test and a pilo











Transforming Perceptions of Nursing & Midwifery





Share your ideas for innovation and stories (actions you have already taken) in response to these two questions: How might we encourage

22

202

14

Jul 56



Current Nurses and Midwives

Share your ideas for innovation and stories (actions you have already taken) in response to these two questions: How do we maintain the

3

o 1:

III 8

50



Decision makers in the health and care system

Share your ideas for innovation and stories (actions you have already taken) in response to these two questions: How can we change the way

0 1

6 84

1000

S Ass. 3



#Futurenursing nhs70.crowdicity.com



Transforming perceptions of nursing

A digital platform was set up to capture ideas on how about transform perceptions of nursing and midwifery. It was live for five weeks between December 2017 and January 2018, supplemented by Twitter chats.

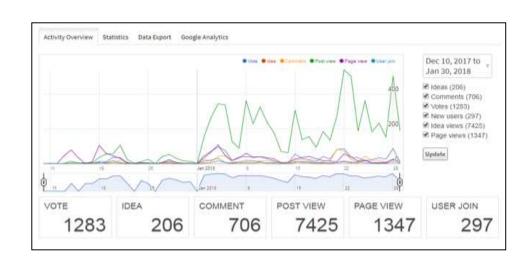
As a result there were:

23,000 interactions

212 original ideas from the ideas platform

8,520 post views

Nearly 1,000 original tweets in twitter chat which generated 40 more ideas





Transforming PERCEPTIONS of NURSING and MIDWIFERY





Arrange a meeting with your MP

SHOWING YOUR PRIDE IN THE PROFESSIONS

Share the story of nursing & midwifery for your organisation to celebrate the professions

CONNECTING - WITH YOUR " · VALUES Reflect on your ten 30 day challenges as part of your REVALIDATION





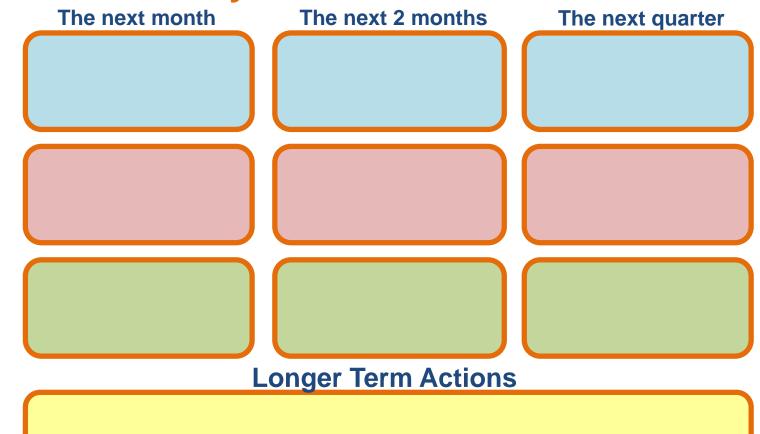
challenges

ABC, 30 – 60 – 90 Days - Ideas for Action

What could we speed up / do more of ? (Accelerate)

What could we stop doing?
(Brake)

What could we start doing? (Create)



The "two levels down" rule

What can I achieve in:

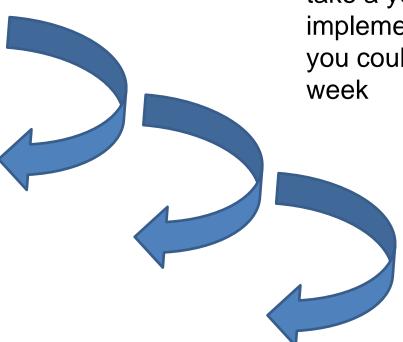
a year?

a month?

a week?

a day?

an hour?



If you think your idea will take a year to test and implement, consider what you could achieve in a week

If you think it will take a week, what you could achieve in an hour?

Source: Paul Plsek





The NHS Long Term Plan



4.44. The best solutions come from staff themselves. Talk Health and Care allows staff to post ideas, questions and challenges, and is already providing useful insights into the experiences of our people. NHS England is also backing #ProjectA, a 12-month, staff-led engagement exercise with 2,000 staff across all 10 ambulance trusts in England. Teams of ambulance staff and patients identified six priorities to be implemented across the country, including how to reduce stress and isolation for frontline staff.

UNLEASH

the collective brilliance of people who work in ambulance services

(with the help of a few critical friends)

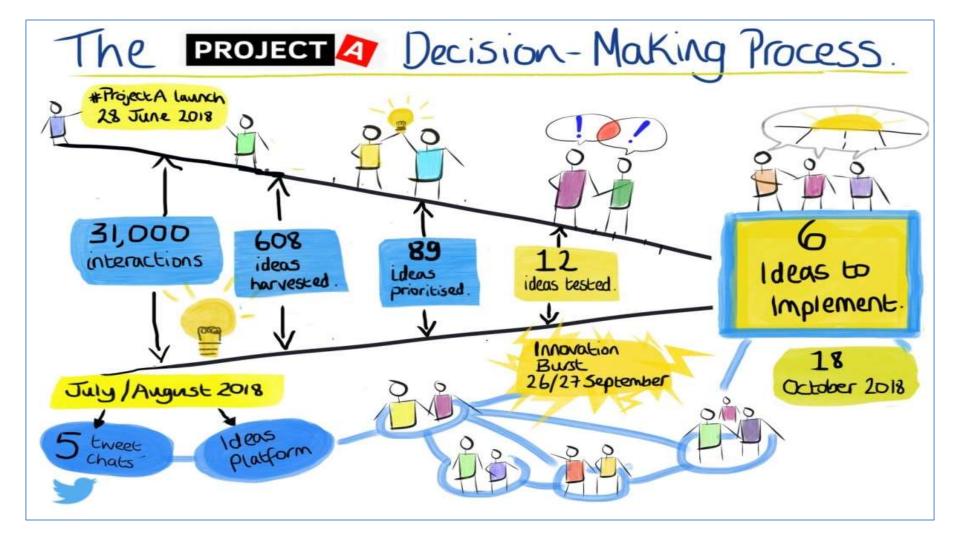
























Ideas platform 12th July to 5th September

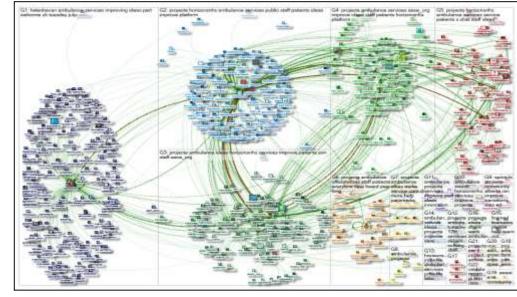


https://projecta.crowdicity.com/

Ambulance service improvement tweet chat

#ProjectA

17th July: A one hour tweet chat on partnerships between ambulance staff, patients and the public 537 people participated, generating 1,409 tweets and 77 new ideas!



This analysis shows a high level of engagement with the community and

Total Tweets 1.409 Total Impressions 5.495.805

Total Audience 1.239.175 Impressions / Audience 4.44



strong connections between key influencers. Source: NodeXL

People took part in the tweet chat from across the world Source: FollowtheHashtag

Source: FollowtheHashtag

What we are working on now



Action on falls: a collaboratively designed falls response framework

Action on mental health and emotional distress: an actionable

"knowledge bank" for use by frontline ambulance staff

Action on partnership: people, families and the wider community:

Co-produce a campaign that focusses on how to access and use services; a social movement rather than broadcasting messages

Action on staff wellbeing: implementing clinical supervision across all ambulance services

A directory of ideas for improvement: Share 70 ideas from #ProjectA and create a series of challenges to help make them happen.

Virtual collaboration: Build the capability of the ambulance workforce to collaborate virtually; reducing time away from work and abstraction; increase opportunities for sharing, learning and speeding

The process has been 90% virtual



Creating conversations which match the issue we're trying to address

Simple

Baking a Cake



Right "recipe" essential Gives same results every time

Complicated

Sending a Rocket to the Moon



"Formulas" needed

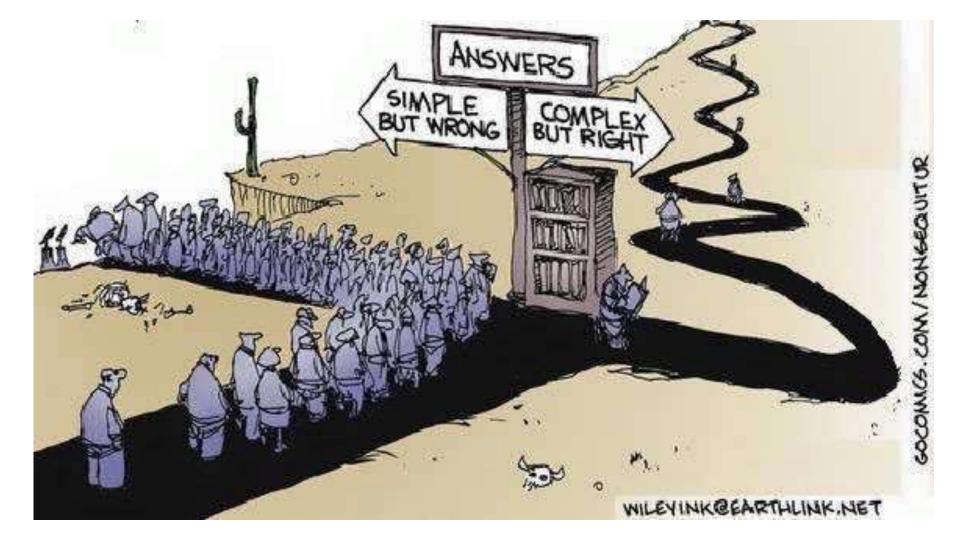
Experience built over time and can
be repeated with success

Complex

Raising a Child



No "right" recipes or protocols
Outside factors influence
Experience helps, but doesn't
guarantees success



Task: continuums

- In the gallery are 13 continuums based on key themes in system transformation
- For each continuum, add a red dot above the line for where you think we are today and a green dot below the line for where you think we need to be in future



Time available: 20 minutes



Task: continuums



Bottom up action AND top down strategy

Healthcare AND health

Tried/tested approaches AND Innovate and experiment

Reduce costs AND improve quality

Clinical leadership AND patients and families as leaders

Old power AND new power

Performance & accountability AND system transformation

Storytelling AND data

Efficiency AND innovation

Focus on formal leaders AND focus on informal leaders

Hierarchy AND networks

Personalised care AND population health

System performance AND system health

Accountability AND shared decision making

Problems vs. polarities (complex dilemmas)

Problems

- Have one best or right answer that provides a solution
- The solution solves the problem and it goes away,
- A definite end point where .
 you can say that the
 problem is solved
- The solution to the problem usually contains no alternatives

Polarities

- Are unsolvable problems that need to be managed
- Often two positions that are in opposition
- Usually expressed as from one polarity to another
- A tension, not a choice with a best or right answer

old power

new power

Currency

Held by a few

Pushed down

Commanded

Closed

Transaction

Current

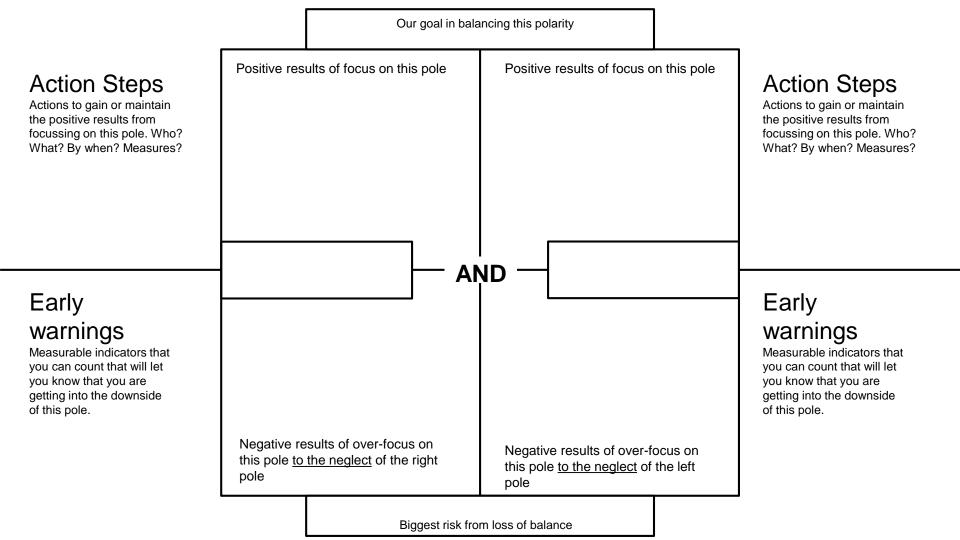
Made by many

Pulled in

Open

Relationship

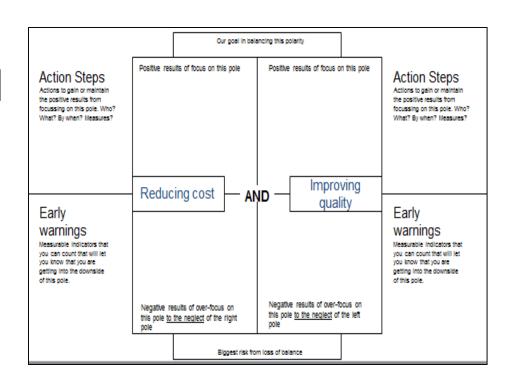
Shared

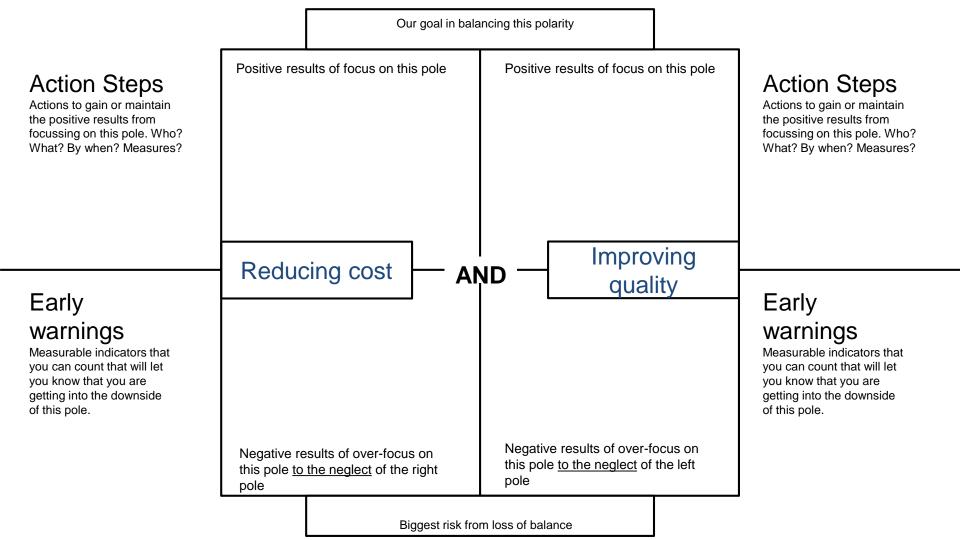


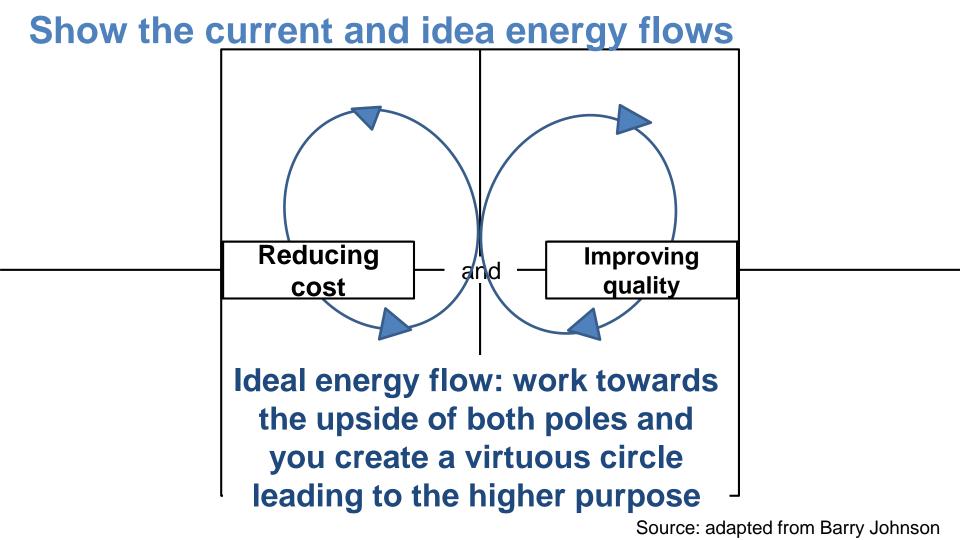
Task

 Identify a polarity that your team would like to work on

 Write the names of the poles in the boxes in the middle of the template





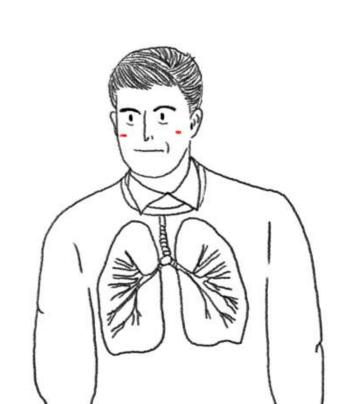


Step four: show the current and idea energy flows Positive results of focus on this pole Positive results of focus on this pole Reducing **Improving** a quality costs **Typical** energy flow Negative results of over-focus on Negative results of over-focus on this pole to the neglect of the right this pole to the neglect of the left

Source: adapted from Barry Johnson

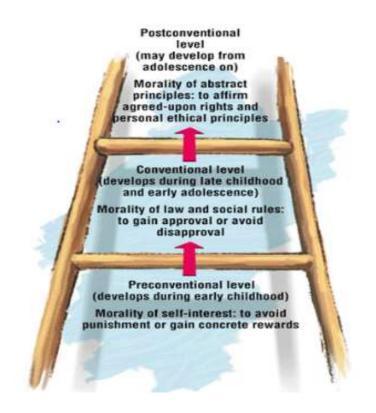
Feedback

- Identify one person from your table to feedback to the wider group
- Feedback:
 - The polarity you worked on
 - One insight you gained from the activity



Post conventional leaders

Current global trends call for leaders who can demonstrate a high level of maturity in dealing creatively with increasing complexity, uncertainty, diversity, and numbers of paradoxes



Post conventional leaders



"Tomorrow's management systems will need to value diversity, dissent and divergence as highly as conformance, consensus and cohesion."

Gary Hamel



Adult development (Constructivist-development researchers)

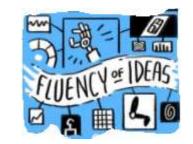
- Children develop in dramatic steps or stages (Jean Piaget)
- Adults continue to develop in stages (e.g, Lawrence Kohlberg, William Torbert, Robert Kegan)
- Adults can become more mature as they "grow up" and develop "bigger minds"
- Our adult stage of development affects how we think and act at work and home – our "action logics"
- There are several frameworks for thinking about the transformations that are possible in adulthood

Source: Charles Palus, Center for Creative Leadership

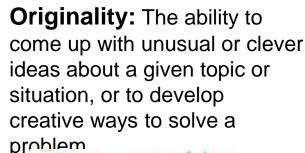
The skills for 2030



Judgment and decision making: Considering the relative costs and benefits of potential actions to choose the most appropriate one.



Fluency of ideas: The ability to come up with a number of ideas about a topic (the number of ideas is important, not their quality, correctness, or





Understanding the implications of new information for both current and future problem-solving and decision-making.

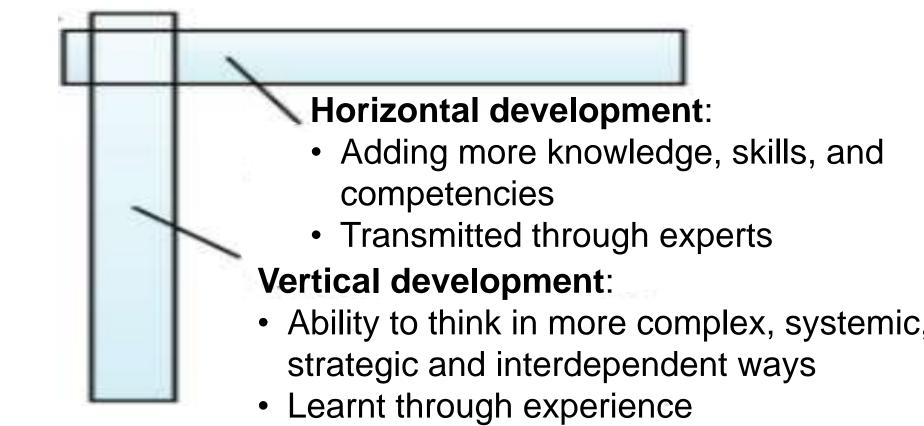




Active learning: Learning strategies—selecting and using training/instructional methods and procedures appropriate for the situation when learning or teaching new things.

Nesta, Pearson and the Martin Oxford School: The future of skills: employment in 2030

In a post conventional world, we need to focus on *vertical* development as well as *horizontal*



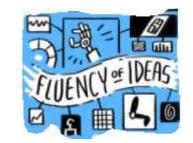
Vertical development is about the ability to think and act in more complex ways. It's about how you think. It's about maturity, and growing "up" and increasing one's "depth

Charles Palus, Centre for Creative Leadership

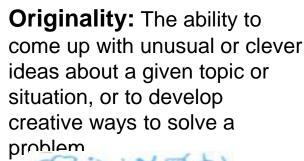
The skills for 2030



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LEARNING

Active learning: Learning strategies—selecting and using training/instructional methods and procedures appropriate for the situation when learning or teaching new things.

Nesta, Pearson and the Martin Oxford School: The future of skills: employment in 2030

Join the



2019 live webinar dates: Five modules over five weeks:

16 May 23 May 6 June 13 June 20 June

at 3pm UK time.

Recordings will be available.

(note: there is no live webinar on 30 May)



YOU ARE NOT ALONE.



Why join The School for Change Agents?

- Online learning with study guides
- Open to anyone from around the world
- Meet a community of enthusiastic
 Change Agents from all over the world
- Free to join and take part!

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horizonsnhs.com/school



@Sch4Change #S4CA



School for Change Agents



england.si-horizons@nhs.net

Stages of vertical development for change agents

Level of development

Dependent

- A team player
- Follows others faithfully
- Works with "old power" authority
- Sticks to QI methods and/or project management approaches

Time

Stages of vertical development for change agents

Level of development

Dependent

- A team player
- Follows others faithfully
- Works with "old power" authority
- Sticks to QI methods and/or project management approaches

Independent

- Think in an independent way
- Drive the agenda
- Guided by my own values
- Take a stand for the things I believe in
- Spark and initiate change

Time



Level of development

Dependent

- A team player
- Follows others faithfully
- Works with "old power" authority
- Sticks to QI methods and/or project management approaches

Independent

- Think in an independent way
- Drive the agenda
- Guided by my own values
- Take a stand for the things I believe in
- Spark and initiate change

Interdependent

- Think in interdependent ways
- See systems, patterns and connections
- Hold multiple perspectives at the same time
- Comfortable with tensions, paradox and contradictions
- Lead transformation

Time



Interdependent

What happens to one affects all the others



complementary, reciprocal, mutually beneficial, dependent, mutual, interrelated, harmonious, corresponding



Towards interdependent leadership

Independent

Division or department

My professional expertise

The right answer

Agile achiever

Compromise, cooperate

Reliable performer

Interdependent

System or organisation

Our adaptive learning

Multiple right answers

System leader

Creative collaborator

Integrating transformer

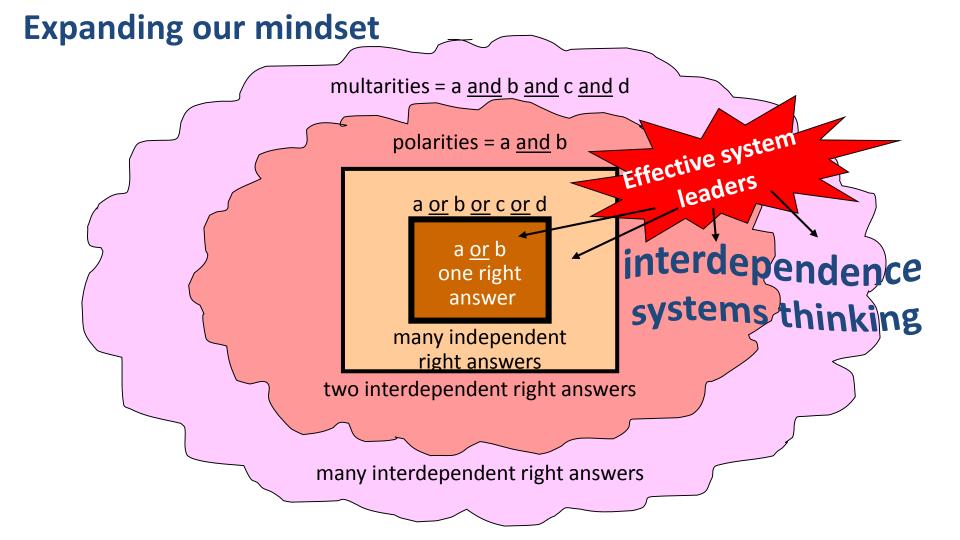


Source: adapted from the Center for Creative Leadership

Interdependence School for OUR SERVICEUSER WINS UR OKS TEAM WINS

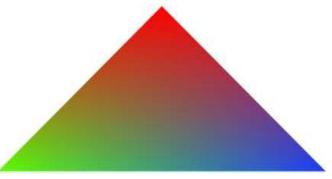
Sources: Being First team (2017) Going for the Big Win in Your Organization

3. Mukherjee (2017) We Must Rescue 'Win-Win' From Its Buzzword Status



A triad of requirements in the operating model mindset

"One system": we want **consistency** and **standardisation** across the country



We want to co-create our responses with partners with local systems in the lead

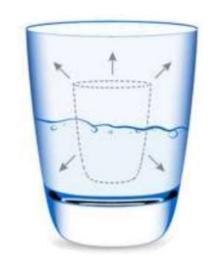
We want creativity, diversity and continuous improvement



The CHANGE AGENT of THE FUTURE **







Horizontal development

- Tools, models and frameworks
- Step by step approaches
- Skills development

Vertical development

- Exposure to new ways of thinking
- Intense stretch experiences
- Strong developmental networks

Further reading: Nicholas Petrie (2015) The how-to of vertical leadership development

Leaders in today's volatile, uncertain, complex and ambiguous work environments are suffering not from a lack of leadership knowledge or skills but from the fact their vertical altitude is inferior to the complexity of their leadership challenges

Ways of describing the development stages

Post conventional	Interdependent	Alchemical Transforming Redefining
Conventional	Independent	Achiever Expert Diplomat
Preconventional	Dependent	Opportunist
Terry Sexton	Center for Creative Leadership	William Torbert



Seven transformations (action logics) of adulthood: "growing up"

Alchemical – Integrates material, spiritual, and societal transformations

Transforming – Generates organisational and personal transformations

Redefining – Reframes complex problems in unique ways

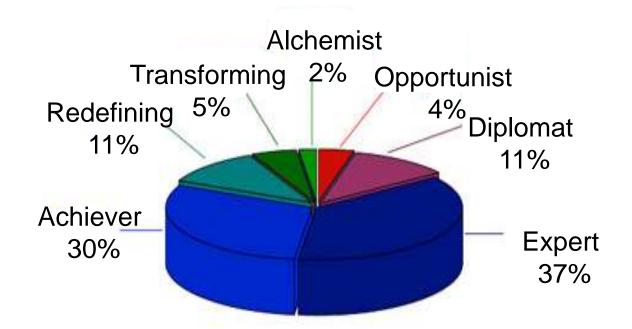
Achiever – Driven by personal and team achievement Expert – Focuses on logic and expertise

Diplomat – Wants to belong and fit in

Opportunist – Wins for self in any way possible

Rooke, D. & Torbert, W. R. (2005, April). **Seven transformations of leadership**. Harvard Business Review, 66-77.

Distribution of the "action logics"





Source: Cleveland Consulting Group

Our journey: a final task

On the back of each of the cards from the first deck is a tiny letter or letters (on the bottom right hand side)

Make a note of the letter(s) for your from

We will return to them later

Did your action logics correspond with the suggested development path?



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I KNOW Let's have an UNCONFERENCE! REALLY DIFFERENT Unconference !! Chugh

I have come to understand that the greatest knowledge deficit in organisations is not the lack of sharing nor is it poorly designed repositories. Rather it is the inability to hold authentic conversations Nancy Dixon

http://www.nancydixonblog.com/2017/07/the-hidden-knowledge-problem-in-

The Fundamental Law of Unconferencing



Source of image: www.citynet.com

The sum of the expertise of the people in the audience is greater than the sum of expertise of the people on stage?

Dave Winer



Liberating Structures

www.liberatingst ructures.com/lsmenu

Our unconference process

- Having taken part in the workshop so far, think about a topic that you would be interested to explore with other people
- It should be a topic that you want to take action on over the next twelve months to take your agenda forward
- Write your idea in a sentence or less on an index card



The unconference: 4 principles and a law

Principles:

- Whoever comes are the right people
- Whatever happens is the only thing that could have happened. UNCONFERENCE
- 3. When it starts is the right time
- When it's over it's over

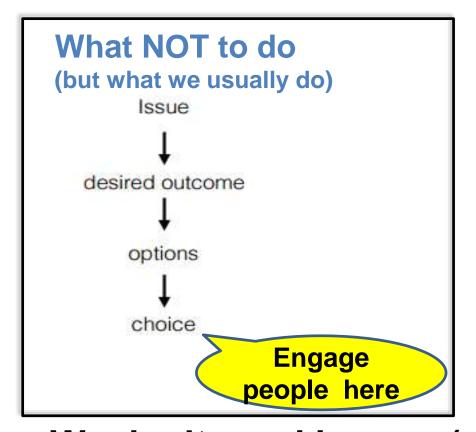
The Law is known as the Law of Two Feet:

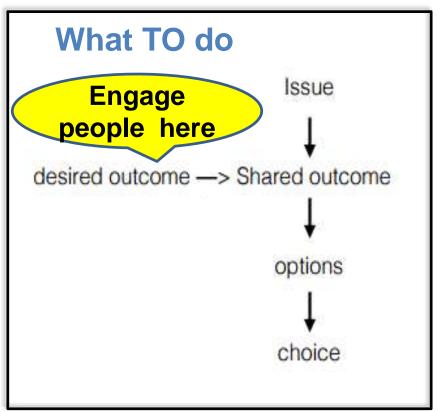
"If you find yourself in a situation where you are not contributing or learning, move somewhere where you can."

Back to our



Mark Jaben on the science behind resistance





We don't need buyers (who "buy-in" to change)
We need investors

Potential topics for 21st March

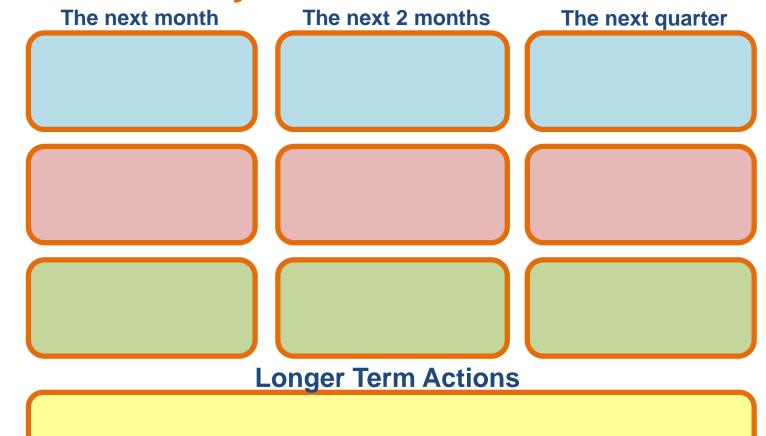
- Culture, mindsets and behaviours
- Scaling down and scaling up (personalised care AND large scale change: the polarity at the heart of the Long Term Plan)
- Scale and spread of change in a post-conventional world
- Building energy for change for the long haul
- ?

ABC, 30 – 60 – 90 Days - Ideas for Action

What could we speed up / do more of ? (Accelerate)

What could we stop doing?
(Brake)

What could we start doing? (Create)



The "two levels down" rule

What can I achieve in:

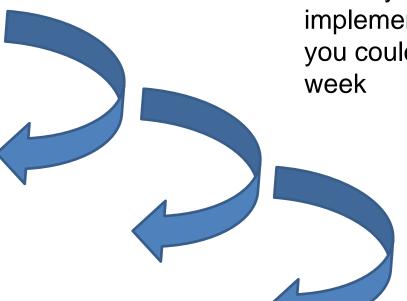
a year?

a month?

a week?

a day?

an hour?



If you think your idea will take a year to test and implement, consider what you could achieve in a week

If you think it will take a week, what you could achieve in an hour?

Source: Paul Plsek

Have we got the power to change things?

Research with groups shows a 25%-10%-3% pattern:

- 25% When a minority group pushing change was below 25% of the total group, its efforts failed. But they reached 25%, the majority of the population adopted the new way of thinking very quickly
- 10% When just 10% of a population holds an unshakable belief, their belief is likely to be adopted by the majority
- Typically in organisations, around 3% of people (the informal influencers) drive conversations and influence 85% of other people. They are not typically the senior leaders



Source: Harold Jarche 2018: 25-10-3