

East of England

Leadership Development Opportunities in East of England

Enabling and Supporting Leadership Development, OD and Talent Management

September 2019 - January 2020

eoe.leadershipacademy.nhs.uk

As we continue to develop and grow our leadership capacity and capability across the east of England, I am pleased to offer a range of leadership development masterclasses and system OD interventions that aim to support and enhance the confidence, aspirations and resilience of leaders, who are engaged in supporting delivery of system transformation, working in today's complex and ever changing environment and working towards the goals of the NHS Ten year plan. I hope that this range of masterclasses and system OD interventions will provide a positive contribution to leadership development support across our system and communities. If you need further information, have queries or comments please contact us at eoe@leadershipacademy.nhs.uk

Regards

Karen Bloomfield - Head of East of England Leadership Academy, NHS Leadership Academy The NHS Leadership Academy's purpose is:

"The NHS has the right number of leaders with the knowledge, skills, attitudes and behaviours that are required to deliver high quality services, improve health outcomes and continually improve patient care."

These priorities are drawn from <u>Developing People:Improving Care</u>, a national framework for action on improvement and leadership development in NHS-funded services. Vision: Outstanding leadership at every level of the NHS creates cultures of compassion and inclusion that improves lives in local communities. System Development that enables service improvement across health and care

> Enable, convene and support whole system talent management

Provide leadership development interventions that have an increased reach and impact

Our development opportunities on offer here focus on four domains:

Individual Effectiveness

Focuses on the effectiveness and resilience of the individual and their role in the organisation and the system. Aims to develop new behaviours and ways of working that promote a collaborative approach.

Learning and Capability Building

Creating a learning system and a culture of transparency and sharing, enabling the awareness of best practice and development of common understanding. Being inclusive and seeking contributions from all stakeholders including citizens and communities. Building diverse teams and inclusive cultures to enable greater understanding.

Innovation and Improvement

Creating new ways of thinking, experimentation and discovery and the application of improvement methodologies, testing and learning, spreading and adopting better ways of doing things.

Relationships and Connectivity

Strategic Objectives

Creating the right kind of relationships with communities and partners; people coming together for a purpose; placebased system/service or pathway-led, and aiming to develop consistency of approach or to tackle complex issues collectively.

As well as offers under the additional headings of:

Building Leadership for Inclusion Coaching and Mentoring Skills Community of Practice and Networks Talent Management Developing Practice with the Healthcare Leadership Model

September 2019

Wednesday 4 September 2019

Executive Talent Career Development Workshop

FULL

Offered in collaboration with the NHS Executive Search team, this workshop provides an interactive and detailed briefing on the board appointment process and how to navigate it to best effect.

Delivered in Huntingdon

A waiting list is in operation for cancelled places. Please email your interest at: eoe@leadershipacademy.nhs.uk

Thursday 5 September 2019

Measurement for Improvement Masterclass*

This masterclass builds on knowledge gained from previous Quality Improvement Workshops i.e Foundations of QI workshop and/or QI tools and techniques workshop. This masterclass will bring to life what measurement for improvement looks like, how it can be applied and what it means for you and your projects.

Delivered in Cambridge

Monday 9 September 2019

Leadership and Transformation Alumni*

Mid and South Essex

Eastern AHSN hosted meeting of alumni from across leadership and transformation programmes to act as a talent pool consultation mechanism for STP development and champions for the work that is being delivered.

Delivered in Chelmsford

Tuesday 10 September 2019

Clinical Leaders Network*

Norfolk and Waveney

A new networking, sharing and learning network for clinical leaders in Norfolk and Waveney. Session contents will be co-designed with the existing Clinical Senate and the themes driven by local consensus.

Delivered in Norwich

Wednesday 11 September 2019

QI Foundation*

Cambridge and Peterborough

A one day workshop open to anyone interested in quality improvement. The workshops will explain the science behind QI theory and help you to develop your practical skills.

Delivered in Cambridge

Tuesday 17 September 2019

Art of Being Brilliant (AM)

FULL

The 'Art of Being Brilliant' provides an antidote to the crazy world that typifies modern Britain. This workshop uses cutting edge research to explore how you can be you, brilliantly. The aim is to share some of the 'secrets' of Positive Psychology, focusing on learning new habits of thinking and behaviour that will sustain personal 'brilliance'. It is about the 'whole you' and, as such, is applicable in and out of work.

Delivered in Huntingdon

A waiting list is in operation for cancelled places. Please email your interest at: <u>eoe@leadershipacademy.nhs.uk</u>

Tuesday 17 September 2019 Bouncebackability (PM)

FULL

At 'Art of Brilliance' we talk about the minority of people ('2%ers') who have passion, energy, enthusiasm and zest. They're great to have on board because their positivity impacts on those around them. They also happen to possess what we call 'ordinary magic'. an ability to bounce back when things get heavy. This workshop drills down into their resilience. What skills do they possess? What do they actively do to help themselves cope and deal with change and challenge? What support systems do they have? By understanding their recipe for success, we can do the same and build our own reserves of resilience. And the fantastic thing about bouncebackability is that it increases over time, so the more we put the tools and techniques into practice the more we build strong and resilient teams.

Delivered in Huntingdon

A waiting list is in operation for cancelled places. Please email your interest at: eoe@leadershipacademy.nhs.uk

Key to Masterclasses and Workshops:

- Building Leadership for Inclusion
- Individual Effectiveness *System Transformation OD Programme
- Coaching and Mentoring Skills
 Innovation and Improvement

Community of Practice and Networks
 Learning and Capacity Building

Tuesdav 17 - Wednesdav 18 September 2019

Assuring Best Practice -Practice Managers Programme

The 4 day programme is designed to support local GP Practice Managers to develop and enhance leadership capabilities.

Delivered in Cambridge

Wednesday 18 September 2019

Presenting Change Confidently

Change, like the wind, is a constant in today's world, but we know that it isn't always easy as a manager and leader to help yourself and your team cope with change. This workshop will look at individual responses to change, how to guide others through change and how to communicate it, with confidence.

Delivered in Cambridge

Thursday 19 September 2019

OD Network

These network events are an opportunity for our community of OD practitioners to come together to enhance their skills, share issues and problems they are working on, and generate new thinking ideas and options.

Delivered in Cambridge

Thursday 19 September 2019

EoE Network of QI Champions*

Cambridge and Peterborough

Networking sessions to support existing and emerging regional QI champions and those with an interest in guality improvement to network, share and learn together in a learning workshop/forum.

Delivered in Cambridge

Friday 20 September 2019

EoE Network of QI Champions*

Mid and South Essex

Networking sessions to support existing and emerging regional QI champions and those with an interest in quality improvement to network, share and learn together in a learning workshop/forum.

Delivered in Basildon

Tuesday 24 September 2019

Talent Management Community of Practice

This Community of Practice aims to engage with talent leads and share a blend of expert input and local expertise to progress and embed talent management and develop the skills and capabilities of staff involved.

Delivered in Cambridge

Tuesday 24 September 2019

Medical Directors Masterclass

Masterclasses to support you in shaping the future of regional healthcare across the system, expose you to thought provoking speakers, provide you with a regular opportunity to connect as a community of regional peers, enhance resilience, political astuteness, personal impact and influence.

Delivered in Newmarket

Thursday 26 September 2019

Brilliant Teams (AM)

FULL

How a team interact and connect is absolutely critical to its success. There are three fundamental components of a high performance team: Potential. Connection and Reason This session focuses on the messy one in the middle. Assuming you have the right people on the bus and you know where you are going - how on earth can you get them to really connect and work together as a high performance team?

Delivered in Stevenage

A waiting list is in operation for cancelled places. Please email your interest at: eoe@leadershipacademy.nhs.uk

Developing Practice with the Healthcare Leadership Model Relationships and Connectivity

Key to Masterclasses and Workshops:

Building Leadership for Inclusion Individual Effectiveness *System Transformation OD Programme Coaching and Mentoring Skills Innovation and Improvement

Community of Practice and Networks Learning and Capacity Building

Thursday 26 September 2019

Brilliant Leadership (PM)

FULL

This session looks at the transformational leadership thinking & approach needed to thrive in a rapidly changing world. We will amaze you with the simplicity of leadership and help you inspire your team without memorising fifty unnecessary models! It's clear that the landscape has shifted - the aim of this workshop is for leaders to shift too.

Delivered in Stevenage

A waiting list is in operation for cancelled places. Please email your interest at: eoe@leadershipacademy.nhs.uk

Thursday 26 September 2019

Human Factors Masterclass*

There is increasing recognition to embed human factors science into the design of healthcare systems and processes. The masterclass will explore how to apply human factors methods and principles to create safer healthcare systems and the evidence base for applying human factors design principles to improve patient safety. The workshop will also equip participants with tools and knowledge to apply within their own workplace.

Delivered in Cambridge

October 2019

Wednesday 2 October 2019

Executive Talent Mock Interviews

FULL

Those who attend an Executive Talent Career Development workshop are invited to participate in a mock interview for an Executive role with an experienced Director and a member of the NHS Executive Search team.

Delivered in Cambridge

A waiting list is in operation for cancelled places. Please email your interest at: eoe@leadershipacademy.nhs.uk

Wednesday 2 October 2019

Foundations of QI Workshop

The Quality Improvement Foundation Workshop is a one-day workshop open to anyone interested in quality improvement. The workshops will explain the science behind Quality Improvement theory and help you to develop your practical skills.

Delivered in Cambridge

Thursday 3 October 2019

Impact, Image and Influence

This masterclass explores how important your image really is and where it comes from, particularly focussing on non-verbal cues. Participants will discover the impact they are making and learn how to tweak their behaviour to ensure they make the impact they want to.

Delivered in Cambridge

Wednesday 9 October 2019

Career Coaching

This practical workshop will provide a balance of opportunities for participants to explore best practice, consider the underpinning requirements for holding effective career management conversations, practice these skills and apply them in their own environments.

Delivered in Essex

Key to Masterclasses and Workshops:

Building Leadership for Inclusion

Individual Effectiveness *System Transformation OD Programme Coaching and Mentoring Skills
 Innovation and Improvement

Community of Practice and Networks
 Learning and Capacity Building

Thursday 10 October 2019

Future Tech Roadshow*

This event is aimed at anyone with an interest in understanding the innovation and future tech landscape working within health and care organisations. An interactive roadshow event hosted by Eastern AHSN to bring together the STP workforce with academics, industry experts and regional business leaders to explore how disruptive tech innovations might transform the way we deliver health and care.

Delivered in Ipswich

Wednesday 16 October 2019

Primary Care Leadership Collaboratives - *Cohort 5*

To support, develop and improve leadership capacity across Primary Care, building resilience and sustainability in the workforce. The PCLC also aims to enhance system wide working to support transformation in Primary Care.

Delivered in Cambridge

Thursday 17 October 2019

Playing to your strengths (AM)

This workshop explores what strength really is, as just being able to do something well, doesn't necessarily mean it is strength. Knowing your own strengths, and as a leader helping others to discover theirs, can also help teams work together more effectively.

Delivered in Cambridge

Thursday 17 October 2019

Courageous Conversations (PM)

Sometimes it seems easy to put off those conversations you know you should have. This workshop is designed to help you address those difficult situations, stop procrastinating and enable you to hold the conversation effectively.

Delivered in Cambridge

Wednesday 23 October 2019

GMTS Alumni Event

A networking event for GMTS alumni and current trainees, including discussions on current leadership opportunities and shaping the future for the alumni network in the region.

Delivered in Cambridge

Tuesday 29 October 2019

Measurement for Improvement Masterclass*

This masterclass builds on knowledge gained from previous Quality Improvement Workshops i.e Foundations of QI workshop and/or QI tools and techniques workshop. This masterclass will bring to life what measurement for improvement looks like, how it can be applied and what it means for you and your projects.

Delivered in Cambridge

November 2019

Tuesday 5 November 2019

Executive Talent Career Development Workshop *FULL*

Offered in collaboration with the NHS Executive Search team, this workshop provides an interactive and detailed briefing on the board appointment process and how to navigate it to best effect.

Delivered in Newmarket

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Tuesday 19 November 2019

Medical Directors Masterclass

Masterclasses to support you in shaping the future of regional healthcare across the system, expose you to thought provoking speakers, provide you with a regular opportunity to connect as a community of regional peers, enhance resilience, political astuteness, personal impact and influence

Delivered in Newmarket

Key to Masterclasses and Workshops:

Building Leadership for Inclusion

Individual Effectiveness *System Transformation OD Programme Coaching and Mentoring Skills
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Tuesday 19 November 2019

Leadership and Motivation

Leadership can be learnt but motivation comes from within. Workshop will discuss different styles of leadership, and explore what works for you and those you lead. Explore the four facets of Positive Leadership from the emerging field of Positive Psychology. Gain an appreciation of different motivating factors, how to motivate yourself and others to achieve the most effective results. Explore the feedback imperative and mindsets.

Delivered in Cambridge

Wednesday 20 November 2019

Talent Management Community of Practice

POSTPONED

This Community of Practice aims to engage with talent and Inclusion leads and share a blend of expert input and local expertise to progress and embed inclusiive talent management and develop the skills and capabilities of staff involved.

This event has been postponed new date to tbc.

Wednesday 20 November 2019

Human Factors Masterclass*

There is increasing recognition to embed human factors science into the design of healthcare systems and processes. The masterclass will explore how to apply human factors methods and principles to create safer healthcare systems and the evidence base for applying human factors design principles to improve patient safety. The workshop will also equip participants with tools and knowledge to apply within their own workplace.

Delivered in Cambridge

Thursday 28 November 2019

Executive Talent Mock Interviews

Those who attend an Executive Talent Career Development workshop are invited to participate in a mock interview for an Executive role with an experienced Director and a member of the NHS Executive Search team.

Delivered in Cambridge

December 2019

Tuesday 3 December 2019

Career Coaching

This practical workshop will provide a balance of opportunities for participants to explore best practice, consider the underpinning requirements for holding effective career management conversations, practice these skills and apply them in their own environments.

Delivered in Huntingdon

Wednesday 4 December 2019

OD Network

These network events are an opportunity for our community of OD practitioners to come together to enhance their skills, share issues and problems they are working on, and generate new thinking ideas and options.

Delivered in Huntingdon

Thursday 5 December 2019

Executive Talent Mock Interviews

Those who attend an Executive Talent Career Development workshop are invited to participate in a mock interview for an Executive role with an experienced Director and a member of the NHS Executive Search team.

Delivered in Cambridge

Wednesday 11 December 2019

Primary Care Leadership **Collaboratives -** Cohort 5

To support, develop and improve leadership capacity across Primary Care, building resilience and sustainability in the workforce. The PCLC also aims to enhance system wide working to support transformation in Primary Care.

Delivered in Cambridge

Key to Masterclasses and Workshops:

Building Leadership for Inclusion

Individual Effectiveness

*System Transformation OD Programme

Coaching and Mentoring Skills Innovation and Improvement

Community of Practice and Networks Learning and Capacity Building

January 2020

Tuesday 21 January 2020

GMTS Alumni Event

A networking event for GMTS alumni and current trainees, including discussions on current leadership opportunities and shaping the future for the alumni network in the region.

Delivered in Cambridge

Wednesday 29 January 2020

Primary Care Leadership Collaboratives - Cohort 5

To support, develop and improve leadership capacity across Primary Care, building resilience and sustainability in the workforce. The PCLC also aims to enhance system wide working to support transformation in Primary Care.

Delivered in Cambridge

Coming soon

Developing Compassionate Leadership

This masterclass will provide an opportunity for participants to explore and learn how compassionate conversations can support the development of compassionate cultures.

Developing Cultural Wisdom

This workshop will enable participants to adopt a compassionate approach to inclusion, diversity and unconscious bias; supporting capacity development to engage with diversity and inclusion topics, and bring lived experience into the process.

Manager as Coach

2 day workshops will enable participants to adopt a coaching style and approach to support line management, supporting staff conversations to achieve objectives and career potential. Deepen and broaden understanding of the use of coaching techniques and models and have an opportunity to better understand and practice ways to coach staff.

Healthcare Leadership Model -Refresher CPD workshop for Feedback Facilitators

For those who haven't undertaken an HLM 360 feedback facilitator session for a while and are feeling a little rusty come and update your practice, ask questions, explore themes and topics with peers, build your network of support with colleagues.

Using the HLM 360 as a group/ team

Workshop for HLM feedback facilitators and/or OD leads who would like to know more about and use the HLM 360 with a teams/ groups/ boards.

Further programmes of interest:

Reaching Out Programme

Designed for patient experience and engagement leads working in NHS Trusts, helping to both develop knowledge, skills and attitudes in order to make a positive experience for patients and their families and to support organisations deliver person-centred care. Click <u>here</u> for more details.

Hope European Exchange Programme (HOPE)

A unique and exciting opportunity to understand the challenges of a healthcare system outside the UK. The benefits are personal, as well as professional as it leads to seeing your own role and the NHS in a whole new light. Applications are open until 31st October 2019. Click <u>here</u> for more details.

General Practice Improvement Leads programme

Designed for GPs, practice managers, nurses, reception managers and senior administrators. Participants gain new perspectives, skills and confidence in using improvement science in general practice, and leading colleagues and teams through change. Applications open in the Autumn for the EoE. For more information click <u>here</u>.

Leadership for Change - Leadership training for Patient and Public Representatives

This fully funded programme has been designed to support public and patient representatives across the EoE to hone their leadership skills and gain confidence and understanding in their role as system influencers and leaders. Click <u>here</u> for more details.

Key to Masterclasses and Workshops:

Building Leadership for Inclusion
 Individual Effectiveness

*System Transformation OD Programme

Coaching and Mentoring Skills
 Innovation and Improvement

Community of Practice and Networks
 Learning and Capacity Building

Programmes 2019 - 2020

| | NHS |
|------------|---------|
| Leadership | Academy |

| | | | | | | | | | Positive action programmes | |
|-------------------------|---|--|--|--|---|--|---|---|---|---|
| | EDWARD JENNER PROGRAMME | MARY SEACOLE PROGRAMME | ROSALIND FRANKLIN PROGRAMME | ELIZABETH GARRETT ANDERSON PROGRAMME | NYE BEVAN PROGRAMME | ええええ Health and Care Leaders Scheme 2025 Leaders | ASPIRING CHIEF EXECUTIVE PROGRAMME | CHIEF EXECUTIVE DEVELOPMENT NETWORK | STEPPING UP | FROGRAMME |
| Who is it for? | Anyone who is interested in healthcare leadership | Those in their first clinical or non-clinical leadership role | Clinicians or managers leading from the middle of health and care systems, aspiring to lead large and complex programmes, departments, services or systems of care | Middle to senior clinical or non-clinical leaders aspiring to lead large and complex programmes, departments, services or systems of care | Those newly in or aspiring to be in an executive director role | Those at director level who aspire to be in a more senior director position in a larger national level organisation in the next three years | Directors aspiring to lead at chief executive level in an NHS accountable role within the next 12-24 months | Leaders at chief executive level in an NHS accountable role, focused on both service provision and system development | Black, Asian or minority ethnic (BAME) leaders working at bands 5 to 7 | Black, Asian or minority ethnic (BAME) leaders working in bands 8a or above |
| Duration | Approx. 6 weeks | 6 months | 9 months | 24 months | 12 months | 12 months | 12 months | Ongoing | 2 to 3 months | 12 months |
| Time commitment | Recommended 5 hours of self-led work per week | 5 hours per week self-led 3 out of office days split over 3 workshops | Minimum 4 to 5 hours per week 8 out of office days | Minimum 15 hours per week 22 out of office days including 4 residentials | Minimum 10 hours per week 17 out of office days including 4 residentials | 12 out of office days including a co-design event, residentials and Denmark visit Peer-to-peer consultation arranged at appropriate intervals | Approx. 1 day per week spread across the year 22.5 out of office days including residentials and praxis groups | • 3 x 2 day development days per year | 4 to 5 out of office days (depending on banding) split over 2 residentials | • 12 out of office days split over 5 residentials |
| Learning methods | Online Work based application | Online Face-to-face workshops in regions Work based application | Online Face-to-face workshops Facilitated impact groups Work based application | Online Face-to-face residentials in Leeds Self-managed learning sets Work based application | Online Face-to-face residentials in Leeds Self-managed learning sets Work based application | Face-to-face residentials Week long study visit to Denmark Placement opportunities Consolidation event | Online Face-to-face residentials in Leeds Praxis groups Work based application | Face-to-face residentials in Leeds and London Online virtual campus for learning and information One-to-one sessions with a development coach | Face-to-face residentials in Leeds and London Self-directed learning Work based application | Face-to-face residentials in Leeds Self-directed learning Work based application |
| Awards | NHS Leadership Academy Award in Leadership Foundations | NHS Leadership Academy Award in Healthcare Leadership | NHS Leadership Academy Award in Senior Healthcare Leadership | NHS Leadership Academy Award in Senior Healthcare Leadership MSc in Healthcare Leadership | NHS Leadership Academy Award in Executive Healthcare Leadership | Certificate of dedication and recognition | NHS Leadership Academy Chief Executive Award | Not applicable | Certificate of completion and recognition of achievement | Certificate of completion and recognition of achievement |
| Applications | Ongoing - please visit the website for cohort information | Ongoing - please visit the website for cohort information | Ongoing - please visit the website for cohort information | From Summer 2019 | From Summer 2019 | From Spring 2019 | From Autumn 2019 | Ongoing - please visit the website for more information | From Summer 2019 | From Winter 2019 |
| Cost | Free | £995 | £1,200 | £6,000 | £4,500 | £11,000 (based on 20 participants) | Fully funded | Fully funded | Fully funded | Fully funded |
| Bursary availability | | | | | | the opportunity to access our e rogramme page on our website | | nt programmes. | | |





NHS Leadership Academy



Accessing a mentor ... please register

Need mentorship support to guide, advise and develop you to reach your potential we have over 100 mentors from different professional backgrounds and organisations and are continuing to build our mentoring capacity. <u>https://eoe.leadershipacademy.nhs.uk/</u>

Being a Mentor ...

Consider the skills, knowledge and experience you have and can offer. If you would feel able to offer mentoring to support the development of others please consider registering as a mentor https://eoe.leadershipacademy.nhs.uk/development-support/ coaching-and-mentoring/

We have mentoring skills CPD workshops available for all registered mentors so that you can develop your practice

Return to work Mentoring

Designed for those who, in the very near future, plan on taking the following types of leave: maternity/ paternity, adoption, carers leave or fostering.

For more details click here



Ethical Mentoring

For accredited internal NHS mentors and/or coaches working through our network of Local Leadership Academy, regional coaching/mentoring registers or directly within your own organisation.

To register your interest click here

Accessing coaching ... please register

Want to work on a topic, issue, dilemma or goal through coaching to enhance and enable planning, improvement and taking action ... we have a coaching register with over 100 accredited coaches available for 1 to 1 coaching at: https:// eoe.leadershipacademy.nhs.uk/ development-support/coachingand-mentoring/

Please read feedback from coachees which may be of interest - <u>click here</u>



Being a coach....

If you are a coach with an accredited qualification please register at: <u>https://eoe.</u> <u>leadershipacademy.nhs.uk/</u> <u>development-support/coaching-</u> and-mentoring/

We have coaching skills CPD workshops and supervision available for all registered coaches so that you can develop your practice and build your networks.

Healthcare Leadership Model (HLM)

The HLM is a great tool for all, it describes the things you can see leaders doing at work and demonstrates how you can develop as a leader - even if you're not in a formal leadership role. For more details see the brochure. To read case studies from people who have undertaken their 360 - click here

If you would like more information or to undertake your own 360 please contact us.



The NHS Skills Development Network brings together training and development opportunities for finance.

procurement and informatics staff across the NHS.

The website is the primary source of information and provides resources for personal and organisational development.

Skills Development activities include:

- Professional Education
 and Qualifications
- Lifelong Learning and Continuing Professional Development
- Talent Management
- Career Development
- Widening and Improving Technical Skills

Please register at: <u>https://www.</u> skillsdevelopmentnetwork.com



Visit our website:

https://eoe.leadershipacademy.nhs.uk/

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@eoeleadership <u>https://twitter.com/eoeleadership</u> @NHSleadership <u>https://twitter.com/NHSLeadership</u>

Email us:

eoe@leadershipacademy.nhs.uk

Please note the opportunities currently on offer are subject to change.

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